Culinary Trip: Lebanese Cuisine

Day 1 – Beirut - August 31

Our airport representative will be on hand to meet and welcome you.
Drive to the hotel.
Hotel check-in and a briefing on our Culinary Trip: Lebanese Cuisine

Day 2 – The Lebanese Messe – September 1

Today, we will start our Culinary Trip, with our first coking experience, with the Lebanese Messe.
Transfer to Joumana's home, where she will be teaching you how to prepare Houmous, Moutabal, Tabboule, Fatoush and Kebbeh. Lunch at Joumana's.
Afternoon discovery of the Down Town of Beirut: museums, place de l'etoile, major churches and roman bath. Overnight in Beirut

Day 3 - Armenian Food – September 2

Lebanon is known for its big Armenian community, for this reason we will have this opportunity to visit Valentine at her house where she will teach us how to prepare the Mante.
Finished and consumed, after the coffe, we will hit the road to visit Broumana, and its famous Deir el Qalaa's archeological site and convent.
Overnight in Beirut

Day 4 – Lebanese Wine - September 4

Proceed for our visit to the amazing Roman ruins of Baalbek. Located in the Bekaa valley, Baalbeck makes up one of the largest and best-preserved corpus of Roman architecture ever found. In the Jupiter Temple, six of the fifty-four giant columns that originally surrounded the sanctuary still survive. On our way we will pass by the Ksara cellars. Built during the Roman period and covered by sand for centuries, these Cellars were found by Jesuits by mistake in 1898 (they were hunting down a fox that was eating their chickens). Ksara is now home of to a world famous winery. Lunch is served at the winery. After lunch, we take back the road south, to Kefraya, where we will visit another famous winery.
After finishing, we proceed back to Beirut

Day 5 – Byblos & Lebanese Sweets – September 5

Morning – Breakfast and proceed to visit Byblos.
According to Phoenician tradition the city was founded by the god El, making Byblos one of the oldest continuously inhabited cities in the world. It was in Byblos where the first linear alphabet, ancestor of all modern alphabets was invented.
The sarcophagus of Byblos' king Ahiram, now in the national museum, bears the oldest knows Phoenician inscription. Byblos was also the centre of the Adonis cult, the god of vegetation who dies in the winter and is renewed each spring.
Lunch on your own. In the afternoon, we go back to Joumana's place, where we will learn how to prepare some Lebanese sweets.
Overnight in Beirut

Day 6 – September 6

Morning check outs & transfers to Beirut international airport for departure.

All reservations should be done by sending us the reservation form filled along with the deposit needed.

1650$ for a single room or 1350$ for a double in a shared room

The Package includes

Accommodation in a 3stars hotel
Breakfasts served by the hotels
Tours including transportation & excursions
Guiding services and assistance during all the stay
Cooking courses & ingredients

Package fee exclude

Airfares (international flights)
Meals & Beverages, except the breakfasts and the meals mentioned above
The New Years eve expenses
Room upgrading fee
Visas (free to most nationalities to Lebanon) & exist taxes
Extra nights if required.
Entrance fees to archeological sites & Beach Resorts
Expenses of personal nature
Insurance if required
Tips for guides, drivers & cooking teachers.

Registration process

The Reservation form should be sent to us the soonest, followed by the participation fee.
The following amount should be wired either via Western union / money Gram or a bank transfer 30 days from day of booking.

Needful details

For a Bank Account transfer

039 001 208 0040398 001
IBAN LB20 0053 0039 0012 0800 40398001
Swift Code: CLIBLBBX

For a western union or Money Gram transfer

FULL NAME: BERTHO MAKSO
PHONE NUMBER: +961.3.004572
NATIONAL ID NUMBER: 000032284720
ADDRESS: BEIRUT – LEBANON

www.MeaTravel.com
Tel: +961.71.713099 - E-mail: info@MeaTravel.com

Participation Information

PLEASE PRINT CLEARLY OR TYPE THE FOLLOWING INFORMATION:

_____
Full Name

_____
Current Title

_____ _____
Email **Phone Number**

_____ _____
Address **City**

_____ _____
Country of Stay **Date of Birth**

_____
Notes (Requiring a single or double room)

_____
Transfer swift code (bank or Western union swift code)

_____
Flight details needed for the airport pick up

www.MeaTravel.com
Tel: +961.71.713099 - E-mail: info@MeaTravel.com